

Your Name _____ Today's Date _____

My Eulogy

Let's start with the end in mind. Write your own Eulogy from a place of how you want your legacy to look and what you hope and envision will be said about you as you transition at the end of your life.

Write it from a perspective of looking back on your life and being fully open from a place of expansion and possibility of what you could create between now and the end of your life. Use your imagination and think about what you would like to create and have said about your life, your business and your relationships with those you hold near and dear to you.

We suggest you go to a quiet, relaxing place where you can be open and let your intuition guide you. Meditation is a great way to begin this exercise to get you fully present and in your body. Take your time. This is meant to inspire you to live your best life and show up as your best self to others. This tool is meant to open your mind and fuel your soul to all possibilities.

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My Eulogy

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My Eulogy

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